Faculty Profile

Name: Prof. ANTHONY V PAIS

SENIOR CONSULTANT AND HEAD OF THE BREAST SERVICE

Head of the Department General Surgery-Academic Affairs

Mazumdar Shaw Cancer Center & Narayana Hrudayalaya Health City

No. 258/A, Bommasandra Industrial area,,

Anekal Taluk, Bangalore 560099, Karnataka, India

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Email ID : [anthonypais@gmail.com](mailto:anthonypais@gmail.com)

Special interest---Oncoplastic breast surgery

Work group -- Member Indian Breast Group

Member Breast surgery International

Member American Society of Breast Diseases

Summary of Qualifications/Experience

MBBS Kasturba Medical College MANIPAL/ Mangalore-1982

MS (General Surgery): Kasturba Medical College Manipal/Mangalore 1988

Surgical Oncology Experience (Sub-Specialty) : 21 years (including 7 years in Training in International UICC recognized Tertiary Referral Centers

Awarded FICS in Surgical Oncology in 2000 based on my Surgical Oncology Experience by the International College of Surgeons, Washington DC, U.S.A.

Active Member of BREAST SURGERY INTERNATIONAL, Prattlyn, Switzerland, 2006

Member of the American Society of Breast Diseases- 2008

**Total Experience in Sub-Specialties: Surgical Oncology =22-years**

Trained in Institutes of Excellence in India (Tertiary Referral Centers) –

1. **Tata Memorial Hospital**, Mumbai, India
2. **KIDWAI Memorial Institute of Oncology**, Bangalore, India (Member of UICC, , Cancer Specialty Hospital, Tertiary referral centre)
3. **Manipal Hospital**, Bangalore, India (Department of Oncology, Tertiary referral Centre)
4. **St. John’s National Academy of Medical Sciences**, Bangalore, India (Rated 3rd best Medical College in India, 1000 beds, Tertiary referral Centre)

**RESPONSIBILITIES HANDLED**

1. TEACHING – **PROFESSOR OF SURGICAL ONCOLOGY** (Details below)
2. RESEARCH AND SCHOLARSHIP – Grants, Publications, International Journals edited, Presentations (National & International), Visiting Professorships to 6 Indian Universities, Research Awards -Have received all the above (Details below)
3. CLINICAL SERVICES (Details below)
4. ADMINISTRATIVE RESPONSIBILITIES- Have handled Departmental administrative assignments, Interviewing Resident applications (Details Below)

MEDICAL REGISTRATION : Registered with Karnataka Medical Council & Medical Council of India. Reg. No. 21977.

TEACHING EXPERIENCE : 21 Years

CURRENT EMPLOYMENT :

Special Interest- Clinical-Oncoplastic breast surgery

Research -Breast cancer early detection and prevention

Senior Consultant Surgical Oncology

Head of the Breast unit and The Women’s Oncology Dept.

Head of the Department of General Surgery-Academic Affairs

Mazumdar Shaw Cancer Center & Narayana Hrudayalaya

Multispeciality hospital

No. 258/A, Bommasandra Industrial area,

Anekal Taluk, Bangalore 560099, India

OTHER POSITIONS HELD:

1. Member of “The Breast Surgery International Group”, Prattlen, Switzerland since July 2006.

2. Member of “The Indian Breast Group” representing the state of Karnataka at the Tata Memorial Hospital, Mumbai.

3. Recognized Post Graduate teacher and guide for MS General Surgery Course to the Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka, INDIA

4. Head of Surgical Oncology, St. John’s Medical College.

5. Convener of examinations, MGR University, Madras.

6. Examiner to Bangalore University – for MBBS course.

7. Examiner to MGR University, Madras for MBBS course.

8. Examiner to Rajiv Gandhi University of Medical Sciences for MBBS course and MS (General Surgery).

9. Examiner to Kasturba Medical College, MAHE Deemed University for MBBS and MS (General Surgery)

10. Member of the Indian Society of Oncology.

11. Member of Association of surgeons of India – No. FL9604.

12. Head of the Dept. of Surgery- Academic Affairs at the Mazumdar Shaw Cancer Center from March 1st 2009

13.Head of the Department of Breast cancer and In charge of Women’s Oncology, Mazumdar Shaw Cancer center, Bangalore from 1st March 2009

PREVIOUS EMPLOYMENT

Junior Resident: Department of Oncology,

Tata Memorial Hospital, Bombay,

Under Professor L.J.D’Souza / Professor Jussawala

Registrar Surgical Oncology: January 1989 to April 1992 – 3 years Months.

Trained under: Professor P. S. Prabhakaran M.S.

Head of the Department and Director of Surgical Oncology.

The Kidwai Memorial Institute of Oncology, Bangalore, Karnataka, India.

Senior Registrar Surgical oncology: April 1992 to April 1994 – 2 years

Under Prof. R.P. DEO., M.S., DCCF (Paris),

Department of Surgical Oncology,

Manipal Hospital, Bangalore, India.

Consultant Surgical oncology: 1st May 1994 to 1st May 1995 – 1 year

Bangalore Institute of Oncology,

Bangalore, Karnataka.

Asst. Professor Surg. Oncology: June 1995 to 1st July 1999 – 4 years

St. John’s Medical College Hospital, Bangalore

Associate Professor Surgical Oncology: 1st July 1999 till 30th June 2004. – 5 years

Professor of Surgical Oncology- and In charge- Surgical oncology

At the St. John’s National Academy of Medical Sciences, Bangalore India from June 2004

Acting Consultant Surgical Oncologist- From August 2005 till March 2009

BREAST & ENDOCRINE Unit

King Fahad Specialist Hospital,

Dammam, 31444, Kingdom of Saudi Arabia

**PUBLICATIONS:**

1. J.F. Alvares, H. Devarbhavi, S. Shetty ,A.V.Pais, S. Sharma: Tracheal obstruction after insertion of a self-expanding metal esophageal stent: successful management with an endotracheal tube, steroids, and Radiotherapy: Endoscopy 2002; 34: 592.
2. A.V. Pais & Savio Pereira: Intra-abdominal manifestations of clofazamine- lepra International UK. Lepr. Rev (2004) 75, 171 – 176.
3. K V Ravindra, P. Rajasekhar,A.V.Pais, P.G. Thomas: Superior Mesenteric Artery Syndrome following ileo-anal pouch procedure. Indian Journal of Gastroenterology. Vol 18, No. 1: 35-36. 1999.
4. K V Ravindra, P. Rajasekhar ,A.V.Pais, P.G. Thomas: Segment IV liver cyst with biliary communication following laparoscopic deroofing. Indian Journal Gastroenterology. Vol 18, No.1: 39-40. 1999.
5. K V Ravindra, P. Rajasekhar, A.V.Pais, P.G. Thomas, B. Venkateshwara Rao: Asymptomatic T tube remnant in the common bile duct. In press
6. K V Ravindra, P.Rajasekhar, P.G. Thomas, A.V.Pais, A. Rozario, B Venkateshwara Rao: Surgery for giant hemangioma of the liver-an institutional experience. Indian of Gastroenterology 1998: 17: S46.
7. 7. KV Ravindra, P. Rajasekhar, A.V.Pais, P.G. Thomas, A. Rozario, Venkateshwara Rao, Babu M: combined hepatocellular and
8. Cystadenocarcinoma presenting as a giant cyst of the liver – a case report. Tropical Gastroenterology Vol 20 No. 2: 79-81.
9. A.V. Pais & Savio Pereira: functional limb conservation in soft tissue sarcomas involving the quadriceps groups. The “Pais Technique”. Sent to Br. J. of Plastic Surgery Ref. No. SPK/alb/BJPS –2002-1011.
10. A.V. Pais & Savio Pereira, Mahil Cherian: Reconstruction in Head & Neck surgery in an adverse setting- modified radial forearm free flap. – International Federation of Head & Neck Oncological Societies, Asia Pacific Congress- /abstract/ December 1997.
11. 10. A.V. Pais, K. D Cruz, P.G. Thomas: Complications encountered in Centripetal Gastrectomy and Hyper thermic post operative intraperitonial chemotherapy for operable gastric cancer initial experience in a developing country. Sent to – Gastroenterology Dr. David Brenner.
12. A. Natarajan, A.V. Pais, Savio Pereira: Calcification in Hashimoto’s Indian Journal of Surgery.
13. A.V. Pais, A Natarajan and S.R. Chandrakala, Experience with calcinosis cutis: Tropical Doctor: 2003, 33, 50-52.
14. Follicular Carcinoma and Thyroglossal Cyst Presenting as Solitary Nodule of the Thyroid. A Rare Occurrence, Natarajan A, Pais A V, D’Souza R E
15. The Indian Practitioner April 2003 Vol. 56 No. 4.
16. Solitary Nodule thyroid: A Management Protocol based on Evidence-Based Medicine guidelines. Pais AV, Pereira S, Meshikhes AW. (Invited Author, Submitted for Publication in October 2006, In Review, Postgraduate Doctor, U.K.)

**PRESENTATIONS**

1. “Experience with Carcinoid tumors from the Regional Cancer Centre, Bangalore”- Biennial Conference of the Indian Society of Oncology, Ahmedabad – Feb. 1990.

2. “Extra Osseous Bone Tumors” – KMIO experience of 10 years” at National Cancer Congress – I.S.O., Chennai- Jan 1992.

3. “Innovative techniques in Limb-conservative Surgery of the Fore Arm” at the A.S.I Conference- February 1997.

4. “Innovative technique in Head & Neck Reconstruction in an Adverse Setting” at the International federation of Head and Neck Oncologic societies, ASIA – PACIFIC CONGRESS December 1997.

5. Experience with Parathyroidectomy at St. John’s Medical College review of 11 cases” at A.S.I. conference 1998, Bangalore.

6. “A retrospective analysis of Parathyroid tumors – 10 years” from St. John’s Medical College at The Indian Society of Surgical Oncology Conference, Hyderabad – November 2000.

7. “Innovative techniques in Limb Conservation Surgery – NATCON, IASO –September 2002, International Seminar – Ooty, Chennai.

8. Oral Cancer and Tobacco at the 18th Annual Conference of the Association of Surgeons of India – February 2000- Gulbarga, Karnataka.

9. Our experience with Centripetal Gastrectomy- ASI Conference- February 2003.

10. Our experience with Karydakis Technique for Pilonidal Sinus- ASI Conference, Mysore - February 2003.

11. Our experience with parathyroid transplants at the ASI Conference February, Bangalore 2004.

12. Meta-analysis in pancreatic reconstruction P.J. / P.G. February, Bangalore 2004

13. Our experience with Hepato Renal bypasses using saphenous vein for renal artery

stenosis. ASI conference February, Bangalore 2004.

14. Experience with carotid body tumors at the Association of surgeons India

February 2005.

15. A rare cause of hyperparathyroidism due to a vascular anomaly at the Association

of surgeons India February 2005.

16. Can hypothyroidism reduce the risk of developing breast cancer?. At the 3rd Conference of Federation of Oncologists of SAARC Countries, Goa April 2005

**CME PROGRAMMES ATTENDED AND CONFERENCES:**

1. CME in vascular surgery October 1987, Bangalore.
2. Educational Technology work shop- Medical Education Cell – St. John’s Medical College – January 1996.
3. Update in Breast Cancer- Kidwai Cancer Institute, December 1994.
4. Workshop on Media in Medical Education Department of Anatomy - St. John’s Medical College- July1995.
5. Biannual conference of the Indian Society of Oncology and International Workshop on Pain Relief – Gujarat Cancer Institute, India, February 1990.
6. International College of Surgeons Conference – September 1999 Mysore.
7. Asia Pacific Cancer Conference – Chennai – December 1999.
8. ASCO Pan-Asia Cancer Conference – February 2002- New Delhi.
9. Continuing Surgical Education Programme – Organizing Secretary and delivered Lectures on Oral Cancers and Hyper parathyroidism- May 2002 – St. John’s Medical College.
10. Post Graduate Teaching Programme- Surgical Society of Bangalore- November 2002.
11. I.C.S. Indian Section Millennium Conference Chennai 2000.
12. Instructional Course of the Indian Society of Oncology and Biennial Conference of ISO November 2002, Bombay.
13. Common Cancers in India “Evidence Based Management –2003” – February 2003 – Tata Memorial Hospital, Bombay.
14. 1st Master’s Course in Head & Neck Surgery and Cadaveric Dissection work shop- Tata Memorial Hospital – November 2000.
15. 1st International Work shop in Gastric Cancer – November 2000. Tata Memorial Hospital, Bombay.
16. Update in Thoracic Oncology – March 2001- Tata Memorial Hospital – Bombay.
17. Update in Breast Cancer September 2003 Kidwai Cancer Institute, Bangalore.
18. Workshop on Breast Conservative Surgery and Reconstructive Surgery October 2003, Tata Memorial Hospital, Bombay.
19. **Delivered a lecture** on “Parathyroid surgery” for the Golden Jubilee Celebration of the Kasturba Medical College, Mangalore - Deemed University. January 2004
20. **Delivered a lecture** on “Techniques of neck dissection” for the
21. CME Programme conducted by the Kasturba Medical College
22. Mangalore – Golden Jubilee Celebration. January 2004.
23. Workshop on Gastric and colon cancers conducted by the Adyar Cancer Institute Chennai February 2004.
24. **Delivered a lecture** on parathyroid tumors and hyperparathyroidism at the CME program organized by the Command Hospital – Southern Command Bangalore for the armed forces medical staff – National level.
25. **Delivered a lecture** on “Cancer surgery and patients” on 19th of February 2004 to the Pastoral Care Group - St. John’s Medical College, Bangalore.
26. Attended as a Delegate for “Evidence based management of cancers by the Tata Memorial Hospital, Mumbai, February 2004.
27. Chaireda session on “Diseases of the esophagus” Organized by the Bangalore Medical College, the III National Surgical Gastroenterology Update June 2004
28. Was the Organizing Secretary of the 3rd Annual CSE Programme and the Alfred Memorial Oration conducted by the department of Surgery, St. John’s Medica College Hospital, Bangalore, June 2004.
29. Delivered a lecture on Recent Trends and Evidenced Based Management of Soft tissue sarcomas at the Annual CSE Programme Conducted by St. John’s Medical College, Bangalore, June 2004.
30. Basic Trauma and Life support (BTLS) course, June 2004 conducted by St. John’s Medical College Hospital and sponsored by WHO and Rajiv Gandhi University of Health Sciences, Bangalore-34
31. Attended the Clinical Research Methodology course conducted by the Tata Memorial Hospital, Mumbai November 2004.
32. Attended the CME on Tumors of the eye ball and orbit organized by Shankar Netralaya, Bangalore, April 2005.
33. Chaired a session and was the judge for the postgraduate students best paper Award session at the Association of Surgeons of India, conference, Mangalore February 2005.
34. Invited as International Speaker on the topic “Evidence based management of Parathyroid tumors” at the International Conference organized by the Tata Memorial Hospital, Mumbai in February 2006.
35. Delivered a Lecture on “Recent *Advances in the Management of Parathyroid Tumors and Parathyroid cancers*” for the Eastern Region of Saudi Arabia, a Conference organized by the Qatif Central Hospital and Academic Affairs.
36. Invited as a Guest editor to the International Indexed Journal “Postgraduate Doctor” based in the U.K. since August 2006. The first article authored is “Protocol for the management of a Thyroid nodule” (in press).
37. Chaired a Session for “Second Breast Cancer Course” conducted by Sanjay Gandhi Postgraduate Institute of Medical Sciences and Research, Luck now, India, November 2006.
38. Attended a conference and evidence based workshop on “Advanced Breast Cancers” held at the Tata Memorial Hospital, Mumbai, October 2007
39. Delivered a lecture on “Parathyroid tumors at the Qatif central hospital, Qatif ,Kingdom of Saudi Arabia, June 2007
40. Delivered a lecture on “parotid and parathyroid tumors” to the E.N.T. AND HEAD AND NECK SOCIETY, Eastern province ,Dammam-Saudi Arabia May, 2008
41. Delivered a lecture on “Inflammatory Breast cancer”-recent advances organized by the King Fahad specialist hospital, Dammam for the Eastern Province of Saudi Arabia in April, 2008
42. Represent the Dept. of surgical specialties at the “Patient safety standards” committee ,for J.C.I. Accreditation, May 2008
43. Attended the “Current Concepts in Head & Neck Surgery and Oncology” a IFHNOS Global Continuing Education Program ,October , 2008,Mumbai, India
44. Delivered a lecture on Current concepts on screening and prevention of Breast cancer at the Rajiv Gandhi university of Medical Sciences ,Bangalore, India ,July 2009
45. Delivered a lecture on “a comprehensive and dedicated breast unit” the first of its kind in India Feb 2010
46. Delivered a lecture on “Breast cancer –the Pre treatment Scene” at the Navodaya Medical college, under the Rajiv Gandhi University of health sciences in Raichur ,Karnataka –April 2010
47. Attended a course conducted by the “ Johns Hopkins Avon Foundation Comprehensive Breast Center Baltimore, MD USA on “Breast Centers of Excellence” 2009
48. Attended the “2nd Asian Breast Cancer Congress” Feb 2010,Bangalore India

RESEARCH WORK DONE:

1. Primary Progesterone therapy for operable breast cancer. A randomized multi-centre control trial with the TATA Memorial Cancer Hospital, Bombay. Protocol - Indian Breast Group
2. Primary Endocrine Therapy in Hormone sensitive large operable and locally advanced breast cancer – a randomized trial with factorial design.
3. Study of Molecular Markers in Breast and Colorectal Cancers by Triesta Sciences India Ltd. – as Principal investigator

AWARDS RECEIVED:

1. Dr. Sathyanarayana Setty Memorial “Gold Medal” for young surgeons for my work on recent advances and my experience on Breast Cancer in Bangalore 1997.

1. The prestigious Dr. Mahadevan’s Award for my work on “Innovative Techniques in Head and Neck Reconstruction in an adverse setting” by Association of Surgeons of India, February 1999.
2. Pioneer’s Award of Excellence in Teaching – 2004. ‘”The Top Ten Guns” at the St. John’s Medical College. Bangalore

HOBBIES : Music, Swimming and Golf.